MyTime website

The MyTime website www.mytime.net.au links grandparent and kinship carers around the country through online discussion groups, regular newsletters, group information and the latest research on issues relevant to being a full-time carer for children.

To find out more:
W: www.mytime.net.au/grandparents
E: mytime@parentingrc.org.au
T: 1800 889 997

The Parenting Research Centre is the national coordinator of MyTime on behalf of the Australian Government.

Australian Government
For more information visit: www.mytime.net.au

MY TIME FOR GRANDPARENTS

Who can join?

How does MyTime work?

Busy and active.

Attending the group, a MyTime helper keeps the child

You can also bring along your child while you

Waiting for a couple of hours.

and Supervising and usually meets once a

Each group has between 4 and 12 Grandparent

as a Grandparent or Kinship Care.

are all work or retired, you can attend the group

aged up to 18 years can attend whether you

thrive even after (formally or informally) 6-8 child.

Any Grandparent or Kinship Care who is the

Who will you get out of it?

What is MyTime for Grandparents?

MyTime for Grandparents is a national network

Supported by a Play Helper

Take time for yourself while your child plays.

Get extra information about your role.

Find out about available community support

Experience life through your child’s eyes.

Meet other Grandparents and Kinship carers.

What will you get out of it?

Others who understand their caring role.

Kinship carers can socialise and share ideas with

friends and other.

groups.

for them as they care for their children. MyTime

and find our local support that is available.

Kinship carers meet in groups.

18 years.

MyTime is for Grandparents aged up to 18.

the full-time caring of their children aged up to